



# FEELING SICK?

## WHAT COULD IT BE?

Take a quick look at our questionnaire to help assess your symptoms.

Please note that these are common symptoms which may vary from person to person. For an accurate diagnosis, book an appointment with your GP.

### DO YOU HAVE A FEVER?

YES

NO

Are you experiencing shortness of breath?

Do you have itchy eyes?

YES

NO

YES

NO

You MAY have COVID-19

You MAY have the flu

You MAY have allergies

You MAY have the common cold

#### OTHER SYMPTOMS

- Cough
- Fatigue
- Weakness
- Exhaustion

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- Sneezing
- Runny nose

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- Sneezing
- Runny nose
- Mild chest discomfort

Stay informed. Stay healthy.

Please note: This information does not replace the advice of your healthcare provider and is intended for education purposes only. Please consult your doctor should you have any concerns or need more support.

0860 002 108 / For BonCap 0861 239 333 | bonitas.co.za | WhatsApp 060 070 2491 / For BonCap 060 042 9254 type 'Hi' to start a session